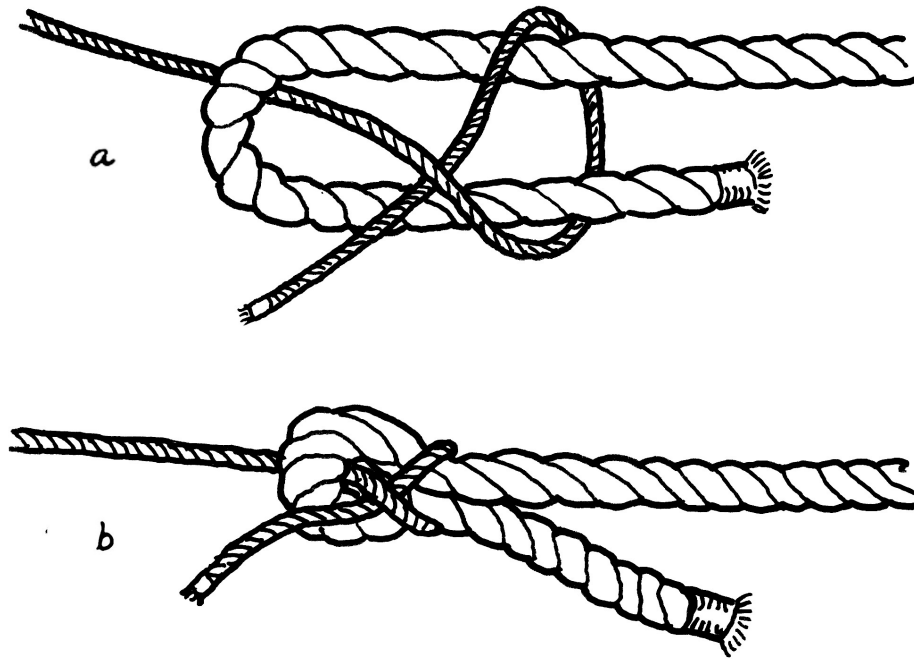


## How To Tie a Sheet Bend



Use a sheet bend to join two lengths of rope. The sheet bend works well whether the ropes are of the same size, or of different sizes.

The sheet bend is the most secure knot for joining two ropes. It is better than a square knot, because a square knot can come apart under stress. A sheet bend is also more secure than two half hitches, because two half hitches can act like a slip knot. A sheet bend won't slip, and it won't come apart under stress.