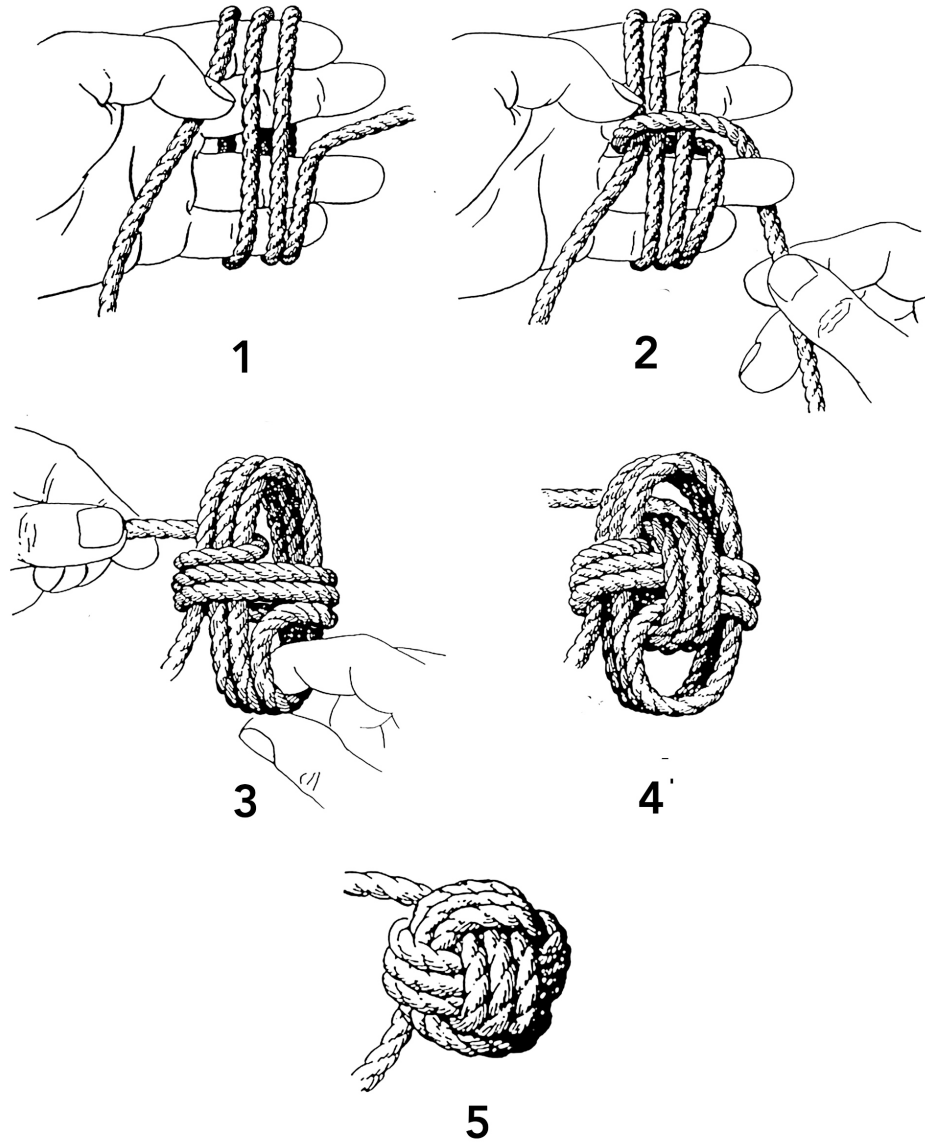


Crafts with Rope: Monkey's Fist



A Monkey's Fist used to be tied on the end of a rope to make it easier to throw the rope.

Today, most people use a Monkey's Fist as a decorative knot.

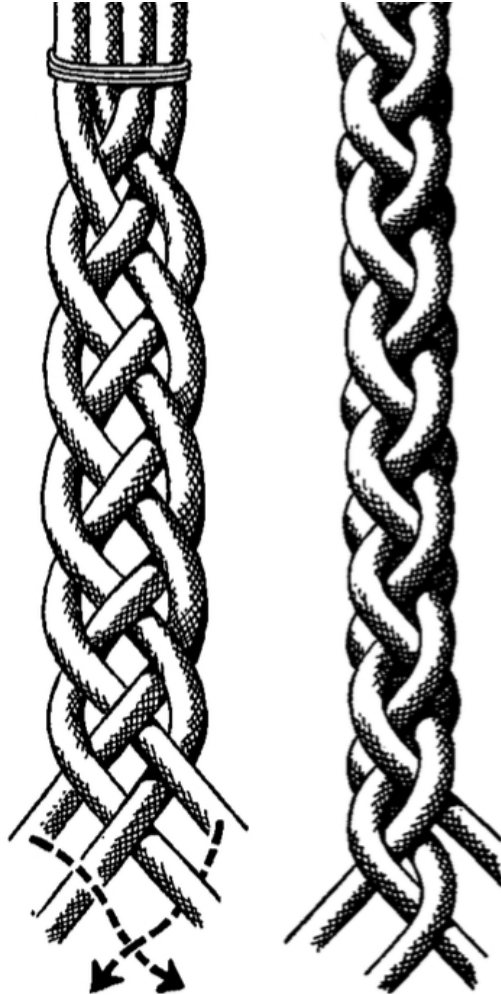
Crafts with Rope: Square Knot Sennit



Tie square knots around two other pieces of rope or string as shown above. The two outside pieces of rope should be 5 times as long as the two center pieces of rope.

Tie the sennit with rope to make a strong, attractive belt. Use string instead of rope to make a bracelet or key chain.

Crafts with Rope: Four-strand Sennit and Square Sennit



The four strand sennit is on the left. Although it's not as attractive as the square knot sennit, it's easier to make one because the outside ropes and the center ropes are all the same length.

The square sennit is on the right. It isn't flat, so it doesn't make a good belt. But tied with string, it makes a nice bracelet.