

What To Pack for the Overnight Camping Trip

Camping gear:

- Pack or duffel bag
- Knife, fork, spoon, and/or chopsticks
- Cup, bowl
- Water bottle
- Flashlight or headlamp
- Rain gear (during rainy season)

Repair kit (OPTIONAL) with:

- safety pins
- cord or spare shoelaces
- rubber bands or some duct tape
- extra batteries for flashlight

Personal items:

- Complete change of clothing
 - underwear and socks
 - shirt and pants
- Extra pair of socks
- Pajamas, or t-shirt and shorts to sleep in
- Toiletries kit with:
 - sunscreen
 - toothbrush
 - comb or hairbrush !toothbrush and toothpaste !soap, washcloth
 - facial tissue ("Kleenex")
 - Personal medications

Personal sleep gear:

- Sleeping bag, or two or three blankets pinned together
- Pad for sleeping
- Waterproof ground cloth (ONLY if you want to sleep without a tent)
- Pillow (or fold up some clothing for a pillow)

Optional gear:

- Personal first aid kit with a few Band-aids & alcohol prep pads
- Field notebook, pencil or pen
- Map and compass
- Field guides, nature books
- Binoculars, magnifying glass
- Insect repellent

Tents:

- We will have group tents. If you want to bring your own tent to sleep in, go right ahead, there's plenty of room at our campsite for lots of tents.
- If you prefer to sleep out under the stars, be sure to bring a waterproof ground cloth to lay your sleeping bag on.